

Focussed Intervention Training and Support (FITS) in Dementia Care

Developing evidence based person centred practice in dementia care

What is this programme about?

JoCo Learning and Development produced this programme to support care teams to overcome barriers to implementing person centred practice.

Who is the programme for?

This is an empowering programme for frontline staff in dementia care settings. It puts them at the forefront of developing truly effective person centred practice. It is a **proven bottom-up approach** to improve the quality of life of people living with dementia in measurable ways.

Details

- FITS is facilitated by a qualified **Dementia Practice Development Coach (DPDC)**
- FITS is a 5 unit course delivered in 5 sessions +3 coaching sessions (over 4-6 months)
- Staff are trained to become **Dementia Care Coaches (DCC's)** in their workplace
- FITS will equip DCC's to:
 - raise awareness of evidence based practice to the rest of your team
 - assess strengths and areas for development in their service
 - contribute to developing evidence of improvements in their service
 - role model good practice and share learning
 - support good practice **and much more!**
- An information and guidance session will be provided to Managers, who must enter into an agreement to support the DCC role.
- DPDC is a **Worcester University MSc qualification**. Practitioners are registered and can be confirmed directly with the university.



JoCo Learning and Development
"Person Centred in everything we do"

Programme Units Overview

1. Understanding dementia care and treatment
2. Person centred approaches & the role of the Dementia Care Coach
3. Person centred care planning, meaningful occupation
4. Behaviour as a communication of need, skills and tools
5. Delivering learning, future planning and engaging with prescribers

The programme includes a detailed manual of tools and resources for use during and after this transformational course.

Feedback

"It's a relief for us to have found a training company that gets results from our staff, motivates them and keeps them up-to-day with what is happening in the industry..."

Service Manager, Nottinghamshire County Council

"I know that the course ...will get a mention in our Newsletter which goes out to all managers and staff within my group. Thank you for your support and encouragement to all the staff involved."

Group Manager Residential Care & Support,
Nottinghamshire County Council

"The best training, I have ever attended"

Dementia Care Coach -FITS Completer

This training will be available from February 2019. To express interest and receive booking information please email: Farai.Pfende@joco.gb.net or

John.Osborne@joco.gb.net

or call 0115 9145879