

End of Life Care

Developing person centred skills to support adults at end of life and at times when they experience, death, loss and grief that is past and current.

What is this programme about?

This programme is about exploring and understanding good end of life care practice. It challenges staff to explore their own perspectives and experiences of palliative care and reflect on meaningful and effective ways to develop and maintain resilience and wellbeing for Service Users, families and themselves.

Who is the programme for?

This programme is for professionals, volunteers and family carers in all settings where individuals who are supported are approaching the end of their life. This may include health, residential, domiciliary care, day services and palliative care settings.

Why this programme was developed?

Death and dying matters are often viewed as a taboo and difficult subject in communities and ironically in healthcare and social care too.

“We only have one chance to get end of life care right”.

This programme is about promoting good practice through:

- Knowledge and skill
- Honest and sensitive communication
- Authentic person centred approaches
- Genuine kindness and compassion



JoCo Learning & Development
“Person Centred in everything we do”

Aims:

- Understanding end of life care
- Communication during end of life care
- Assessment and care planning in end of life care
- Person centred approaches to end of life care
- Care during the final hours of life and bereavement

Course content

- Explain what is meant by the term ‘end of life care’.
- Discuss their role in supporting people in end of life stages
- Managing pain and discomfort
- Explain advance care planning and advance directives
- Identify other professionals they can involve in end of life care
- Discuss what makes a good/bad death experience
- Briefly discuss the specific needs of people with learning disabilities
- Give an overview of ‘last offices’
- Discuss attitudes and fears towards death and dying

For booking or queries please email:

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